Running From Myself

Zak Abel

Ever felt like going somewhere else?
Away from all this chaos
I've been questioning my mental health
Breaking for my day up

You give it all but it's never enough
I hold on but the day's never done
Let me go, yeah
Cause I can't go on

Running from myself, running from myself
Running from myself, running from myself
Running from myself, running from myself

Ever felt you're going nowhere fast?
Tripping over nothing
Every time I try to change my past
I go falling down the river up the blue again

I give it all but it's never enough
I hold on but the day's never done
Let me go, yeah
Cause I can't go on

Running from myself, running from myself
Running from myself, running from myself
Running from myself, running from myself

Let me go, let me go, yeah
Can't go on
Can't keep running, can't keep running
Can't keep running, can't keep running
Can't keep running, can't keep running

Running from myself, running from myself
Running from myself, running from myself