The day started out like any other He woke up and his feet rolled off like lead It's a blessing and a curse to remember All the things that she once said I love you The sun came up slow today He's got to learn to live that way It's cold in his bed, it's cold in his bed. He'll find some strength to linger on Past the footsteps of the dawn She's running through his head, she's running through His head. And it matters, and it matters to him. And it matters, she's underneath his skin. She lives up underneath his skin. He's gotta find a better day Five years now and still he knew The way she smiled when she said the news That their two would now be three A brand new baby Made his vows to last a life long Brought it to him wrapped it up Yeah he wrapped it in a song He wrapped his whole life in that song And it matters, and it matters to him. And it matters, she's underneath his skin. She lives up underneath his skin. He's gotta find a better day He stays away from windy heights He's afraid that he might fly On his knees he asks God why On those slow nights he can still hear the flat line He can still hear the flat line And it matters, and it matters to him. And it matters, she's underneath his skin. She lives up underneath his skin. He's gotta find a better day