

# Sadder

Young Rising Sons

Still stuck in bed  
Try to remember how  
Unscrew my head  
That's too left brain right now  
I washed my hair, I'm still a mess  
I'm having trouble getting dressed  
I've still got memories to repress  
But I still hear my mama saying

If you're sad and you know it  
And you don't wanna show it  
Clap your hands  
If you're sad, that's okay  
You can clap it all away  
Clap your hands

It's getting hard to justify my thoughts  
And where I'm coming from  
Understand how I got here  
How I became what I've become  
They say that if I try  
That I could maybe be someone  
But I'm scared because I know deep down  
That day may never come

If you're sad and you know it  
And you don't wanna show it  
Clap your hands  
If you are sad, that's okay  
You can clap it all away  
Clap your hands  
Clap clap your hands  
We're all a little sad  
Clap clap your hands  
We're all a little sad

Shut up and be happy  
Yeah, it's all in your head  
Grow up and be happy 'cause it ain't that bad  
That's what my doctor said  
Unless you'd rather be  
Unless you'd rather be

Sad and you know it  
And you don't wanna show it  
Clap your hands  
If you are sad, that's okay  
You can clap it all away  
Clap your hands  
Clap clap your hands  
We're all a little sad  
Clap clap your hands  
We're all a little sad