

# Head Up

## Young Rising Sons

Stuck in the moment  
Always in motion  
Even if all the windows close you leave the door open  
When I'm out of focus  
Crooked and hopeless  
Even when all I see are thorns you show me the roses

I know I don't see the good  
I know I don't like I should  
But you see it in me  
And you say

Keep on keep on keep on  
Keeping your head up  
Keep on keep on keep on  
Keeping your head up  
When all I see are shades of blue  
You tell me  
Keep on keep on keep on  
Keeping your head up

Mind is racing  
There's no need to chase it  
But I still get stuck in the middle  
And I chase my mind just a little  
All of these wasted spaces  
Copy and pasted faces  
Lost in translation  
Cause they're not speaking our language

I know I don't see the good  
I know I don't like I should  
But you see it in me  
And you say

Keep on keep on keep on  
Keeping your head up  
Keep on keep on keep on  
Keeping your head up  
When all I see are shades of blue  
You tell me  
Keep on keep on keep on  
Keeping your head up

Looking down I never knew  
Things are better with a view  
After all that we've been through  
You say keep your head up keep your head up high  
Baby blue life is better with a view  
So just keep on keep on keep on keeping your head up  
And you say

Keep on keep on keep on  
Keeping your head up  
Keep on keep on keep on  
Keeping your head up  
When all I see are shades of blue

You tell me  
Keep on keep on keep on  
Keeping your head up