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One time for your mind
One time for your mind. (One time for your mind)
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Half man, half amazin'. Listen to the rhyme cause it's blazin'
Left-right switched means you're phasin'
Straight stargazing, whether verbose or paraphrasing
I like donuts with the glazing
Raisinets - eat 'em at the movies I bet
Or in the city on a pretty videocassette
I like the Mets, Knicks, Rangers and New York Jets
I'm not C&C but I'm gonna make ya'll sweat
Now I thought I saw a puddie or could he be a goody goody
Two shoes wearin' new shoes and a hoody
And Woody Woodpecker was a treehouse wrecker
But he never made his money as a microphone checker
Like me. Young MC plus the track
So give me the microphone and I'm a take ya'll back
To a time when the rhyme was, uh, quite sublime
Not a pickle that was fickle for the nickel and dime
Where you never hear a record with a miracle line
And the majority of rappers doin' lyrical crimes
See hysterical times require lyrics that shine
And a little bit of glitter. Not a bitter design
Like wine, made from grapes on the vine
Getting better with age to engage the enzyme
And I'm gonna make sure you hear mine
From a dapper rapper in my prime. One time for your mind
My rhymes are tight like shoelaces. Rockin' on a regular basis
Like a judge in a court hearin' cases
I Never wore braces. I placed some bets on horse races
I like Ice Cube and Oasis. So I look at their faces, smilin'
Profilin', hair done up with the stylin'
Some act wild and that's low class, man, reviling
Go home. Watch Gilligan's Island
While inside I chill, get my fill
Party jumpin' from nine until
I get upon the mic and exercise my skill
I'm takin' a flight in the night like a whipoorwhil
Doin' it in the day and the evenin'. Ya'll best believe in
Lyrical skills that I'm achievin'
So relieving, all these rhymes I'm retrieving
I'll have you sayin, "Damn!" when you're leaving
Even Steven knows I got flows
Done in rhyme. Got no time for prose
Do 'em over tracks that I did compose
I do 'em in studios and shows
I chose to oppose this fraud. Oh my lord
So-so rappers will keep ya'll bored
And you can't afford to be wasting time
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