Up And Down

When I was lonely I was just sitting on my own Before my heart could turn to stone, she came She came to save me

Now I was hungry And there was food upon a plate You better pray it's not too late, now boy Give it to me But now we're running Yes we're running outta time

She says we're up and down She's suddenly spinnin around and round And now my feet can barely touch the ground She says it guessin now

Set me shakin Until I fall into the floor And I know that you'll take no more She's got me runnin

Yeah you were my medicine And now I need another dose And I can feel it getting closer now Give it to me But now we're running Yes we're running outta time

She says we're up and down She says it's spinnin around and round And now my feet can barely touch the ground She says it guessin yeah

Ahh...ahh...ahh

But now we're running Yes we're running outta time She says we're up and down She says it's spinnin around and round And now my feet can barely touch the ground She says it to me, yeah

Up and down I was lost when I should be found And now my feet can barely touch the ground She says it guessin, yeah