

I've been feeling stuck, I've been feeling anxious  
I've been hiding out inside my mind  
A place where I can process, think I'm making progress  
Maybe I can slow this monkey down  
Thank you for the message, appreciate the sentiments  
But with all this anguish I can't reply  
Don't know what to say now, don't know how to play now  
Need to slip away now, all the time, all the time

I love the way you smell, love the things you tell me  
Love the way you flow inside my mind  
When we're at each other's throats I still love your throat  
And I'm still looking forward to your next smile  
I guess you have my heart, don't know what to call it  
I know I don't show it all the time  
Exercise of patience, relishing the spaciousness  
Of how we exist and how we thrive  
When we thrive

In the ocean I am free  
A place my fun found its peace  
And if the ocean comes forth, swallows me  
I'd be drowning and your faces are all I see

I've been feeling stuck, contemplating people  
Contemplating choices in my life  
Like in California, standing on the corner  
Lonely on my birthday, writing lines  
Pacing back and forward, feeling kinda tortured  
Chemical distortion in my mind  
Listening to my heartbeat, staring at my two feet  
Distance that they have travelled, all the time  
All the time