

In all honestly all we've got is love
We can only pay you in visits
Family orientated I'll never stray from my siblings
Heard some war stories when uncle came from the prison
He was good at making money but bad at making decisions
Mummy's got her hand in the pardner to make a shilling
She'll have to put an arm and a leg in to make a difference
Daddy's out chasing the women breeding the village
Breaking all kinda records to place the blame on the Guinness
When my mother asked it was never up for discussion
Some lessons learnt have different meanings for others
Black history month where they taught me that I was nothing
In the school of hard knocks where I had to fight for my cousin
Roll up your sleeves
Work twice as hard just to please
Don't beg nobody fi eat
And never chat to police
And on Black Boy lane
I was caught on my own
He Told me go back to my country
I Thought I was home
Guess I was wrong

Really I just wanna spread love
Know it's been a minute
Still think about us
Always on a wave cause it gets me through
Really I'm just tryna stay up (yeah)
Really I just wanna spread love
Know it's been a minute still think about us
Always on a wave cause it gets me through
When all is said and done
Don't want the baddest bitches
I just really wanna move my address init
Want my 40 acres with my palace init
They don't care about you when you black & British
Course I got a knife you don't cut me no slack
Wanna touch the dreads you don't know me like that
Now you colour blind you don't notice I'm black
So we stay trapping cause my homie mind trapped

Granny came here to build a future based on pure hope
But the road weren't paved with gold
It was paved with go home
Imagine being a doctor and they've doctored your role
You've got the qualification they ain't offering though
You came here to seek employment
Didn't come here to clean the toilets
Money haffi mek now we're running were seeing boydem
My cousin as well even my auntie's on bail
Fuck you my uncle from hell
That's cause you keep touching all the family
That's under your spell
Everyone just turns a blind eye
When they know you need help
That's Black and British when you come from a suffering world
Stop saying that's how he is

If that's the case he shouldn't be sharing beds with the kids
You put our feels to the side
Bills to the side
Out of sight out of mind
Is my dad still alive?
Step dad arrives
Devil in disguise Tina
Wanna ask your partner how it feels to be Ike?
You put on a brave face
It's the bravest I've ever seen
Got a jester for a king and you still a queen
Lying when they ask why I'm crying
I kept it in
Now I'm grown it's game of thrones
If I catch him it's guillotine (I swear)

I swear I'd never make my mother cry
She taught me how to make a bed out of a bunch of lies
And how a man's supposed to wear his tie
I was 12 when the world let you down a dozen times
When you say black and British what is it that comes to mind
How do you progress in life when you're stuck behind
I had a attitude with my teachers at school
But soon as I got home I knew that tone could never fly
Raising a teenage girl no help no channel of support
No fairy no tales
Barely could afford
No wishing no wells
No hands was avail
With the hands' we were dealt

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