

## War Paint

Wolf & Bear

The longer I'm awake the more frustrated I get  
To know I'm losing sleep to fight off demons in my bed  
I've never known slumber, just an illusion of rest  
I'm waiting for the words that will never be said

Throw your banner down, there's no battle to be fought  
Wash your war paint off  
Throw your banner down, I won't kill to make you proud of me  
Can't wash those blood stains off

You're held captive by conviction  
Causing pain becomes routine  
I want to save you from your shackles  
I don't know how to set you free  
You're held captive by conviction  
Causing pain becomes routine  
I want to save you from your shackles  
I don't know how to set you free

No rose is worth the thorns if you start to lose more blood  
No kingdom's worth the crown if you lose everyone

Throw your banner down, there's no battle to be fought  
Wash your war paint off  
Throw your banner down, I won't kill to make you proud of me  
Can't wash those blood stains off

As the leaves rest upon water dormant  
To be still if only for the moment  
The current picks its pace  
Once calm now stirred. Once calm now stirred  
Every condolence you've made can't stop the torment  
(Break my spirit, lift it up)  
You've caused so much pain in heat of the moment  
(Pull me under, I am barely hanging on)  
Rejected every helping hand to fuel your motive  
(Hold me captive, I have figured you out)  
Life doesn't have to be littered with constant conflict  
(We can make it if you'd only...)

Throw your banner down, there's no battle to be fought  
Wash your war paint off  
Throw your banner down, I won't kill to make you proud of me  
Can't wash those blood stains off