

And I heard  
With every emphasis you put, on every word  
With every lesson that you taught but never learned  
With every bill you had to pay with money I had earned  
You say you've always felt the heat but never burned

In your nest  
Where you gather all your things to head out west  
Where you check if there's still something in your chest  
'Cause you think you really tried, you did your best  
To convince yourself you're good before you rest

Face the sun, face the sun  
Face the sun and follow  
You'll be the one, be the one  
Be the one, tomorrow  
Please remember me  
I was seventeen  
Break your neck, break your neck  
Break your neck and follow

In your home  
Contemplating consequences all alone  
Where you think of jumping fences but you've grown  
And the things you think you have, no you don't own  
Held together like your wings that aren't sewn

Face the sun, face the sun  
Face the sun and follow  
You'll be the one, be the one  
Be the one, tomorrow  
Please remember me  
I was seventeen  
Break your neck, break your neck  
Break your neck and follow

Break your neck, break your neck  
Break your neck and follow  
Break your neck, break your neck  
Break your neck and follow  
Break your neck, break your neck  
Break your neck and follow  
Break your neck, break your neck  
Break your neck

Please remember me, I was seventeen  
Break your neck, break your neck  
Break your neck and follow  
And follow  
I was seventeen, I was seventeen  
Break your neck, break your neck  
Break your neck!