

# Fire Escapes

Winona Oak

I never used to be the one to lose control  
Paranoid thoughts when I'm on my own  
I don't wanna be the one to check your phone  
But lately I  
I can only sleep when my bags are packed  
Only feel myself when I overreact  
Why am I safer when I'm feeling sad

It's like I keep on hurting people just to stop them hurting me back  
I keep on sabotaging myself till I'm all that I have

Oh I wish there was something you could say  
But I've seen how love is made  
All the beauty and the pain  
I'm still wearing my bullet proof vest  
On the inside of my chest  
Oh I hate that I'm this way  
But I've seen how love can change  
That's why I keep on building fire escapes  
Mmm  
Mmm  
That's why I keep on building fire escapes

I keep on mis-reading your undertones  
Always second guessing when I'm alone  
Keep my feelings hidden till they overflow  
Almost like I've  
Forgotten how it feels to be vulnerable  
Never let myself get too comfortable  
Never been good at letting go

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Mmm  
Mmm  
That's why I keep on building fire escapes  
So I how do I, how do I, get out of this  
Get out of this, this time  
So I how do I, how do I, get out of this  
Get out of this, this time  
That's why I keep on building fire escapes