Where do I go?
When there's nobody else to turn to
Who do I talk to?
When nobody wants to listen
Who do I lean on? Oh
When there is no foundation stable
I go to the rock
I know he is able, I go to the rock

[Chorus:]

I go to the rock of my salvation
I go to the stone that the builders rejected
I run to the mountain
And the mountain he stands by me
When the Earth all around me is sinking sand
On Christ the solid rock I stand
When I need a shelter I go to the rock

Where do I go, where do I go
When the storms of life are threatening
Who do I turn to when those winds of sorrow blow
And is there a refuge in the time of tribulation
Go to the rock, I know he is able
I go to the rock

[Repeat Chorus (2x)]

I go the rock when I need a friend
I can go to the rock
I go to the rock when I need a shelter
You can go to the rock
You can go to the rock
You can go to the rock
I can go
I go to the rock
I can go to the rock
I can go to the rock
I can go, I can go to the rock
I can go, I can go to the rock
I can go when I need some shelter
When I need a friend
I can go

And when the Earth around me is sinking sand On Christ the solid rock I stand I can stand When I need a friend I go to the rock I can go to the rock Hey hey hey oh yeah