Put down your remote control Throw out your TV Guide Put away your jacket There's no need to go outside Don't you know that we control the horizontal We control the verticle, too We gonna make a couch potato out of you That's what we gonna do now Don't change the channel Don't touch that dial We got it all on UHF Kick off your sneakers Stick around for a while We got it all on UHF Don't worry 'bout your laundry Forget about your job Just crank up the volume And yank off the knob We got it all, we got it all, we got it all on UHF Disconnect the phone and leave the dishes in the sink You better put away your homework Prime time ain't no time to think All you do is make yourself a TV dinner Press your face right up against the screen We gonna show you thangs you ain't ever seen If you know what I mean, now Don't change the channel Don't touch that dial We got it all on UHF Kick off your sneakers Stick around for a while We got it all on UHF Don't worry 'bout your laundry Forget about your job Just crank up the volume And yank off the knob We got it all, we got it all, we got it all on UHF You can watch us all day You can watch us all night You can watch us any time that you please You can sit around and stare at the picture tube 'Till your brain turns into cottage cheese Well, now Don't change the channel Don't touch that dial We got it all on UHF Kick off your sneakers Stick around for a while We got it all on UHF Don't worry 'bout your laundry Forget about your job Just crank up the volume And yank off the knob We got it all, we got it all, we got it all on UHF We got it all on UHF (UHF) We got it all on UHF (UHF)

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