Every morning I wake up and I
Feel like I've run a millions miles
Cause my restless mind keeps me up at night
Like I'm always stuck here at square one
Always lose the game before I've won
But like you always say, it'll be okay

And I know that I am trouble
And I think too many things
There are days that I struggle to believe

I'm just trying to keep on trying
But I'm stumbling in the dark
Like I'm ready for the worst
Hoping for a happy heart
Cause I'm sure of what I want
But I don't know what I need
Put your hand in my hand and help me see
It's not just me
All I see are picture perfect lies
There's nothing real about it, but sometimes
What I choose to see is never good for me
Underneath we're all just flesh and bones
Same old beach but throwing different stones
And I'd like to know I'm not on my own

And I know that I am trouble
And I think too many things
Cause I'm tired of seeing double with everything

I'm just trying to keep on trying
But I'm stumbling in the dark
Like I'm ready for the worst
Hoping for a happy heart
Cause I'm sure of what I want
But I don't know what I need
Put your hand in my hand and help me see

It's not just me who feels the world is on their shoulders It's not just me who's out of place and don't belong It's not just me who feels there's no way back And this train is running straight off the track Because I know, oh cause I know

I'm just trying to keep on trying
But I'm stumbling in the dark
Like I'm ready for the worst
Hoping for a happy heart
Cause I'm sure of what I want
But I don't know what I need
Put your hand in my hand and help me see
It's not just me
It's not just me
It's not just me