

Hold Space

Ward Thomas

Your life's going down like a mudslide
And you're on the ground with your hands tied
Feeling so done
And it's all wrong

You're locked into your indecision
You feel like you missed the audition
For your own life
And it's not right

You're viewing from the valley and it's crowding your style
And everybody's shouting out advice
You've been down every alley in denial
All that I can do is empathise so

I'm just gonna hold space
I know that I can't change it
Or go and make it OK so
I'm just gonna hold space
I'm just gonna hold space
I know that I can't change it
Or go and make it OK so
I'm just gonna hold space
I'm just gonna hold space

I know lots of talk would be worthless
The best kind of wisdom is wordless
We can just be
We can just breathe

The dark plays its part as a witness
To the stars as they burn in the stillness
And I see you
And it's still you

I'm not gonna argue with your fear and your pain
I'll listen to what you have got to say
I'm not gonna guard you from the fire and rain
All that I can do is be a safe place

I'm just gonna hold space
I know that I can't change it
Or go and make it OK so
I'm just gonna hold space
I'm just gonna hold space
I know that I can't change it
Or go and make it OK so
I'm just gonna hold space
I'm just gonna hold space

I know I can't fit in your shoes
But I can walk beside you
I can't tell you when to let go
But I promise to hold space

I'm just gonna hold space
I know that I can't change it

Or go and make it OK so
I'm just gonna hold space
I'm just gonna hold space
I know that I can't change it
Or go and make it OK so
I'm just gonna hold space
I'm just gonna hold space