Yow, no matter wha'
No matter weh yuh feel yuh ah guh through
Weh yuh feel like yuh wan' stop
Don't stop! Fight it
Yuh haffi strong
It's ah heartless world
Yuh haffi tough mi people

Don't let go when di stress come Hold on strong, don't let go
Know that you can depend on you
No one else gonna dweet for you
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When you down, everybody rejoice But mi strong inna mi mind, anuh just inna mi voice Every night mi kill mi old self Every morning rise again fresh Yesterday's pain is today's hope Yesterday's hurt is today's growth Tomorrow isn't promised Take di sunshine wid di rain cloud Never give up from you have life Cya coward, haffi stubborn Ghetto youth nav money but we pay fi learn Poor people a suffer anywhere mi turn Poverty and disease, we feel it first Look how much gun deh round Target di ghetto, everyday man spread out Think to mi self, "Government dweet fi spite" Traumatize young black life (But)

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No one to blame when you don't fall
But when yuh up tall, dem stick around everyday like a poster
Only when tings nice, dem only come around
Yuh see [?] money like di [?] pon di [?]
Mi never watch yours, why yuh watching mines?
When mackerel ah run, everybody hard fi find
Di same house seh boo, ah seh rae now
Through dem see di ox-tail, dem ah come with smile
Mi nuh get trick by fake love
Cah success bring hate and grudge
So mi watch e face, watch e moves
All dem deh yah forward just fi di food
So nuh give up now, or when yuh mek it

Ah mark set go, ah suh Usain did set it Now ah my time fi make history and collect it And dead before di [?]

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