

Running

Vin Jay

Wake up, bury thoughts
How you feel?
Very lost
Life is like a big roller coaster I'm begging you to just let me off
Don't be so down
Look at all the people that you make proud
Yeah I guess, except for the man in the mirror that never wanna get out the house

He says nobody else in the world really give one fuck about me but him
Come on Vin
No you listen to me I'm done tryna hold this in

Every day it feels like a battle
Mind and heart are in a violent grapple
Probably dabble in a few hard drugs this time if I don't go to find a chapel

All my thoughts in a morbid state
Aw don't tell me you lost your faith
No I pray still and I praise God, but the devil wanna set me straight

Take a breath stop your stressing
I cannot its my depression
Every moment is a blessing
Well then answer me this question why

I'm alone inside and I can't stop running
Try to find my light but the darkness calling
Gotta say I'm fine when I feel like falling
I'm alone inside and I can't stop running

Broken man, broken people
Can't withstand, so much evil
Every plan is so deceitful
Can't nobody keep it peaceful
I've been tryna find the light
Every thoughts as dark as night
Swear to God I'm not all right
But I'm a soldier Ima fight

I just continue out on my lone mission
Black heart and my soul missing
Built a wall to keep feelings out but I'm just constructing my own prison

Running from the past
Feeling my foundation crumble fast
Just take medication, try meditation
Tried them both it doesn't last

I don't want to run though
Done hoping and wishing that someone else will come save me
Everyday's cutthroat
Blunt smoke in my lungs, and I feel like I'm bout to go crazy

Time will tell if I'm alive and well
Maybe I just gotta find myself
Either way I wanna cry for help

But no sound comes out when I try to yell because

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