

# Running

Vin Jay

Wake up, bury thoughts  
How you feel?  
Very lost  
Life is like a big roller coaster I'm begging you to just let me off  
Don't be so down  
Look at all the people that you make proud  
Yeah I guess, except for the man in the mirror that never wanna get out the house

He says nobody else in the world really give one fuck about me but him  
Come on Vin  
No you listen to me I'm done tryna hold this in

Every day it feels like a battle  
Mind and heart are in a violent grapple  
Probably dabble in a few hard drugs this time if I don't go to find a chapel

All my thoughts in a morbid state  
Aw don't tell me you lost your faith  
No I pray still and I praise God, but the devil wanna set me straight

Take a breath stop your stressing  
I cannot its my depression  
Every moment is a blessing  
Well then answer me this question why

I'm alone inside and I can't stop running  
Try to find my light but the darkness calling  
Gotta say I'm fine when I feel like falling  
I'm alone inside and I can't stop running

Broken man, broken people  
Can't withstand, so much evil  
Every plan is so deceitful  
Can't nobody keep it peaceful  
I've been tryna find the light  
Every thoughts as dark as night  
Swear to God I'm not all right  
But I'm a soldier Ima fight

I just continue out on my lone mission  
Black heart and my soul missing  
Built a wall to keep feelings out but I'm just constructing my own prison

Running from the past  
Feeling my foundation crumble fast  
Just take medication, try meditation  
Tried them both it doesn't last

I don't want to run though  
Done hoping and wishing that someone else will come save me  
Everyday's cutthroat  
Blunt smoke in my lungs, and I feel like I'm bout to go crazy

Time will tell if I'm alive and well  
Maybe I just gotta find myself  
Either way I wanna cry for help

But no sound comes out when I try to yell because

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