

# Anxious

Vin Jay

(I don't know how much more I can take?  
My thought controlling me  
My fears controlling me  
I'm anxious)

I've been feeling anxious  
Feeling like a slave to my mind, I just wanna be free  
I've been feeling anxious  
And when I look around there ain't nobody feeling like me  
I've been feeling anxious  
Hoping that I make it through the pain, got me begging, God, please  
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I'm waking up in a panic ripping my chest tight  
I can't wait to see the end of all these stress nights  
But I'm a soldier, so, I'mma put my best fight  
And pray to God that I won't have to suffer in my next life  
When ever I'm out in public I start to panic  
I'm always on the edge like something is gonna happen  
The worst case possible is what my mind imagines  
And this shit could get triggered by the slightest interaction  
It's like it always makes you focus on your biggest fears  
And it reminds you that you'll never make them disappear  
And when your mind is crystal clear  
This shit will interfere like don't you ever try to be driven or even switching gears  
I'm going ballistic, I'm broken, no one can fix it and I don't want  
Physicians just tryna feed me prescriptions  
The pills I've been given gon beat me into submission  
Cause the chemical imbalance controlling my whole existence

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Sometimes I leave a room in the middle of conversation  
All because I'm anxious and feels like my heart's racing  
It feels like, I've lost all controls of this situation  
Guess it's time to hit the doctor for some stronger medication  
But now, I'm just sedated, I'm walking around like a zombie  
A motherfucking shell of myself for carbon copy  
All my days begin to blend and my memories getting spotty  
So, I'm just hoping that one day I'll live in peace  
I was a dreamer but I swear this shit is bittersweet  
I'm nice at rapping but it's time to pick a different dream  
Can't get up on the stage, I swear that thought alone just cripples me  
And I'm not looking for sympathy or no love  
I just hate that I'm anxious and feel like I'm giving up  
When the only cure is self isolation and taking drugs  
If you knew what it was like I bet you prolly wouldn't judge

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