

## Face It

## Villain of the Story

How can I get back up  
If I can barely breathe?  
How can I trust myself  
To heal what's underneath?  
Am I worth the burden?  
Am I worth the time?  
I won't lie I won't lie  
I'm sick of me

You say I need to break  
You say I need to...  
Break down, break down  
All of the walls I built to  
Keep the world out  
But I can't conceive of a life  
Without the weight of feeling worthless  
Never being the one not making progress  
If I need to believe then fucking prove it to me

When life bleeds me dry  
I just wanna fake it  
But I gotta face it  
Cause every single day I keep running away  
To avoid the truth  
I'm dying to become like you

I need your help  
But not your sympathy  
Show me what it's like  
To live with dignity  
Take my hand and help me finally see  
How to heal inside despite the misery

I need to break down, break down  
All of the walls I built to  
Keep the world out  
Please help me believe

When life bleeds me dry  
I just wanna fake it  
But I gotta face it  
Cause every single day I keep running away  
To avoid the truth  
I'm dying to become like you

When life bleeds me dry  
It's easy to fake it  
But it's time to face it  
Cause every single day  
We'll find a way to make it through  
I'm finally accepting the truth

If you want to let go  
I'm begging you to know

That every single day  
We'll find a way to make it through

It's time that we all face the truth

You need to break down, break down  
All of the walls you built to  
Keep the world out  
Just believe in you