Push it harder and harder
Till your veins are full of steel
Your body a machine
You're aiming for divinity
Can you feel the anger
Awake the raging beast inside
A secret power lies within
It's time to free your mind

Full speed ahead, he is back Stronger than before Hungry, aiming for more and more

Show your muscles, show your strength Feel the power of the mighty triceps Lifting iron over the top Feel the power of the triceps Triceps Ceratops

Running faster and faster
Till you reach the speed of light
You are a muscle monster
A champion wins every fight
You will show no mercy
Cause the winner takes it all
Eye for an eye, horn for horn
No pain, no gain, ride on

Full speed ahead, he is back Stronger than before Hungry, aiming for more and more

Show your muscles, show your strength Feel the power of the mighty triceps Lifting iron over the top Feel the power of the triceps Triceps Ceratops

Show your muscles (Show your muscles), show your strength (Show me your strength)

Feel the power of the mighty triceps

Lifting iron (Like Stallone) over the top (Over the top)

Feel the power of the triceps

Triceps Ceratops