

I've been slow motion trippin'
I been taking toxin to fix my problems
But this don't work for me
Don't need your sympathy
(Aching more every day)
I've been slow motion trippin'

I keep myself medicated
To sleep away the pain
Double dose 'til I'm dreaming sweetly
But I need a change
Even if I am asking for it
Even if I beg
No matter what I say
Don't bring me poppies

I've been suppressing feelin'
I been realizing the worst is in my head
I can't escape from me
Give myself some empathy
(Nothing'll change until I change)
I been, yeah, suppressing feelin'

I keep myself medicated
To sleep away the pain
Double dose 'til I'm dreaming sweetly
But I need a change
Even if I am asking for it
Even if I beg
No matter what I say
Don't bring me poppies

Sorrow's a butcher
I was up for the slaughter
But the deeper it carved
That hole in my heart
The more joy I could contain
So, bury the old me
And if you bring poppies
Throw them to the earth
I need this rebirth
I'm ready to love myself
(I'm ready to love myself)

I keep myself medicated
To sleep away the pain
Double dose 'til I'm dreaming sweetly
But I need a change
Even if I am asking for it
Even if I beg
No matter what I say
Don't bring me poppies
Poppies, poppies, no