Too Much Trouble

Van Morrison

Takes me away for awhile, it takes me away
Away for awhile, I can't even pray
Away for awhile, I can't even smile
I've got too much trouble in my mind

Well I lay down at night, I can't really sleep
When I get up, I don't want to eat
Always feels too extreme
Too much trouble in my dream

When I go to work, well it just ain't right
Feels like everything's a fight
Feels like it's too uptight
Too much trouble in my life

If I could just get some real good rest
Might be able to do it again
Straighten up and fly right
Stop this trouble in my mind

When I go to work, it just ain't right
Feels like everything's a fight
Try not to get too uptight
Stop this trouble in my mind

When I go to sleep, I just can't get it
Wake up in the morning, I'm just not with it
Stop this when I give the sign
Too much trouble in my mind

If I could just get some real good rest
Might be able to do my best
Straighten up and fly right
Stop this trouble in my life

Stop, stop, stop, stop
Stop, stop, stop
Stop this trouble in my life