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When I feel pain
I run away
But you're always beside me reminding me to stay
I'm not my past
But it led me to now
It's easier to move on when I've got you around
You brought me out of my worst
There is hope inside your arms
There is love inside your smile
There's everything I need and more
When your hand is holding mine
You keep on helping me through
Mm...
Bad days are better with you
When I wake up in the morning
With a heavy heart
You see my guard's up and you pull them apart
I'm not okay
But you meet me where {\mbox{\it I}} am
It's easier to move on when someone understands
You brought me out of my worst
Mm...
There is hope inside your arms
There is love inside your smile
There's everything I need and more
When your hand is holding mine
You keep on helping me through
Mm...
Bad days are better with you
Bad days are better with you
There is hope
Inside your arms
There is love
Inside your smile
There is hope
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There is love