

Hole Hearted

Until I Wake

Trapped inside of my own fucking mind
These doubts and fears, eat away at my life
Reaching deep, feeding me
The darkest parts, just let me breathe

Oh, carve it out, of my heart
Feeling swallowed by these thoughts
Oh, wearing thin, let me live
So fucking sick of this misery

Haunting, when its voice still whispers in my ears
Taunting, I'm beguiled by its trickery
Poison, like cancer running inside my veins
Caught me, if I can't make it out I'm going insane

In this hole I've been falling
I've been holding on by a moment
Feeling hopeless, I've been pulled in
But I need to face it

Can't see through, these fucking skies of grey
Could there be a message, just disguised as pain?
Down in a hole, darkness following
Planning my escape before this hollows me

In this hole I've been falling
I've been holding on by a moment
Feeling hopeless, I've been pulled in
But I need to face it

Fade away from me
I'm barely breathing
It's begging me to stay

How can I tell all the real from pretend
Deciphering all these lies in my head
Anxiety has got its hold on my neck
I won't quit, so bring the suffering

So bring the suffering

Look inside to see a plethora of trauma
No life left from receiving battle scars
Presence now shows the fact that we are stronger
Carrying ourselves through hell

In this hole where I've been falling
I've been holding on by a moment
Feeling hopeless, I've been pulled in
But I need to face it

Fade away from me
I'm barely breathing
It's begging me to stay