Kept at an arm's length
just had your heart wrenched
gave up your last strength
now you're trapped in the past tense

defeat, deceit, the seat, you seem beat delete, discreet, the treat now un-sweet, repeat the feat then leave it un-neat, retreat from heat, recline in your seat now

Don't know what you're in for you're not sure whats in store give less then you take more how much can you injure

talk is cheap i'd rather not speak endorphins leak they're harmful now breath reach your peak and climax with ease breach your speech alarming sounds screech

Hold me, at arms length you hold me gave up your last strength to keep me away let go, let go, let go
Hold me, at arms length you hold me gave up your last strength to keep me away let go, let go, let go

Whenever where ever feeling the pressure sickness or health knowledge or wealth worse or for better despite the endeavour nothings for ever making it count using my mouth 'till the day after never

Hold me, at arms length you hold me gave up your last strength to keep me away let go, let go, let go
Hold me, at arms length you hold me gave up your last strength to keep me away let go, let go, let go

Own space
deceit you seem beat (let go)
own space
recline in your seat (let go)
own space
deceit you seem beat (let go)
own space
recline in your seat (let go)
own space
deceit you seem beat (let go)