

## Therapy ii

underscores

I think it's too late

Remember you have control over this  
You have complete control over this

I don't- I don't feel like I have control over this at all

You do  
You're perfectly fine  
You- you're not

But what if I go insane

You're not gonna go insane  
This is just one of you're moments where you're overexaggeratin  
g things a little bit

I'm sorry

What are you sorry for?

It's just a really big decision that's been weighing on my mind  
recently  
And my logical side isn't really a part of this one

It's okay at your age,  
To feel these types of emotions pretty strongly

It's a big decision

I'm going to assume something is not fine?

Um

Does this have anything to do with your-