

Moving for the Sake of Motion

Underoath

Someone please turn the lights back on
I've been wandering here for days, disconnected, and in search for new
air to breathe in

Some think I can fix this
Some think I could change

But that's the problem
We never speak to Him
Though our closing walls have cages in them
And I can't quite remember

This was the first time I didn't say enough
This was the only time I kept it close enough

Brace yourself! Co'mon and Brace yourself!

They're not waking
They're not waking up
They're not waking
They're not waking

Oh, my God

Oh, my God
I hate the me that I've become, this needy useless forgetting one
Truthfully I can't be the me, the me that I've washed up to be

Don't stop breathing
the walls have just begun to spin
Just let the water calm you this time
It's all around you, just open your eyes and take a look
It will never kill you; not this time

Don't stop breathing
Just let the water calm you

Don't stop breathing
Not this time

It's all around you
It's all around you
We're surrounded for all I care

Brace yourself right now
lights out I'm not breathing
I can't keep swimming, can't keep my head up