In the place to be, since 1993
We are the record makers
And the record breakers (UD)
And we came here to help you do one thing
(What's that) you gotta let it out

Trapped in the house, I'm about to burst
Getting fat by the TV, that's the worst
So desperately I'm yelling rescue me
Cause I'm running out of gas like an SUV
And everybody's saying "you're not getting any younger"
But I can't settle down, I've still got the hunger
To get involved cause you know I got (soul)
Pick up the phone, call everybody I know
Don't care where we go or what we do
Could be lots of folks or just a few
But I'm tired of waiting, enough debating
So stop delaying, I'm suffocating and

I wanna, I gotta
I need to let it out
You wanna, you gotta
Come on, let it out
We feel it, you feel it
We better let it out
We gotta get it out
Come on and let it out

Ahhh, let it out
Ahhh, let it out
Ahhh, (come on) let it out
Ahhh, let it out
Einstein (yeah, like that)

It's the last day of the week
And I'm watching the clock tick
I'm dying, left in the cold and frostbit
Close up shop, turn the monitor off
Heat it up so hot the thermometer pops
Time to let loose, drop the excuse
Stop complaining and cut the noose
Take the reigns, break the chains
Time to blow off all the aches and pains
Go ape, beat on your chest like a primate
From Southern California all the way to the Tri-state
Take a trip, I'm the aviator
Letting off steam like your radiator

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I need to let it out
You wanna, you gotta
Come on, let it out
We feel it, you feel it
Let it out
We better get it out
We gotta to let it out

Ahhh, let it out
Ahhh, let it out
Ahhh, (come on) let it out
Ahhh, let it out
Einstein (yeah, like that)

Yeah, keep movin
I hope you feel better y'all
I do, let's get on outta here