

## This is How it is

UB40

This is how it is  
This is how it goes  
You come into this world alone  
And travel down this road  
You try to do the best you can  
But there's no guarantees  
So one day you'll be flying high  
The next down on your knees

I guess we're on our own  
I know that's nothing new  
Today is just a stepping stone  
Along the avenue  
Tomorrow I'll be coming home  
I'll find a rendezvous  
I'll run towards the great unknown  
And drink the morning dew

This is what it's like  
And how it is to choose  
Where you stop along the way  
And fix your worn out shoes  
How to recognise a girl  
Avoiding all her mates  
Forget the things you thought you knew  
You may as well again

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This is how it goes  
This is how it fails  
When all the world is falling down  
And dragging out your hair  
This is what they say  
If you should ask them why  
The world is in a backward spin  
You fall, you live, you die

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