

## Rise Again

Tyrone Wells

I can feel the ghost from my past still haunt me  
Voices in my heading saying they don't want me  
But I won't let the demons in the dark define me  
I'm not caving in, I get up again

'Cause we can't walk until we crawl  
We can't run unless we fall  
Did you know that we were born to fly

And you're gonna watch me rise again  
You're gonna watch me rise again, yeah  
You can keep knocking me down but  
I don't belong on the ground, no  
Out of the ashes and fire  
I'm gonna keep climbing higher  
Rise again

Waking up wondering if I can even do this  
Some days I feel more like giving up if I'm honest  
But something in my soul tells me I'm not done yet  
So I'm not caving in, I get up, I get up, I get up and...

Rise again  
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