

Perfect Posture

Typecast

You've been hanging for so long
Carry the weight
Keep it all in
When all you want is to be understood

Waste the day under the sheets
Staring at the wall
Then you start to hate yourself
And wonder what went wrong
Wonder what went wrong

You know it's never easy
You've been down this road before
Broken and alone
Losing all your hope
The world is never fair
So keep a perfect posture
Keep them all confused
Never ever show the rope

You've been down this road before
Never ever show the rope

Swallow it all
Off with the chair
Let go of the weights
Let the waves crush your chest
The air is so calm
And I'm never getting up
Is this the perfect time
To leave the world behind

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Off with the chair
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Leave the world behind