What has been and what will be And what falls in between The love you give, the things you want And what can never be

When I feel my hands are aching From holding on too tight There's a world to be gained From only doing one thing right

If I can shine a light
Where I could hardly see
And I can open up
To all the endless possibilities
Now I'm free to run
Where my heart will go
I was forever holding on but now it's time
Time for letting go

People come and people go
Only memories remain
Clouds roll in, winds will blow
And the patterns always change

No matter what we hold to

Now is all we have And there is nothing that can stop us From joining in the dance

If I can shine a light
Where I could hardly see
And I reveal myself
And my well disguised fragility
Now I'm free to run
Where my heart will go
I was forever holding on but now it's time
Time for letting go

Hurt will come and lovers too
And here we are strong and shining through

Now I can shine a light
Where I could hardly see
And I forgive myself
My inescapable humanity
And I'm free to run
Anywhere my heart will go
I was forever holding on but now it's time
Time for letting go