Take me high ID been low, yeah yeah Give me life It's so hard to cope, yeah When I'm lonely When I'm hurting, yeah Through the fire Through the furnace, yeah yeah Take me high ID hate this feeling When my soul is my low ID look to the hills, yeah When I'm lonely When I'm hurting, yeah ID call on you Yeah, still When ID lose control It's so hard to cope, yeah, but This one thing  ${\tt I}{\tt I}{\tt I}$  know Through the highs and lows, yeah not Never will you leave Never will you go, no, still Lord, if I'm honest I□ get paranoid feel like Every time ID get a blessing ID feel a curse coming Reload we know these roads dangerous Every time  $I\square$  think about the past  $I\square$  turn stomach Most times more than not It's hard to forgive myself, yeah Every time ID have a nightmare it feel real Heart pacing, mind racing, anxiety Cold sweats late nights, stay by angels please Leo Caprio I'm lost in my dreams yeah Every time IO fall in love It feel like the first Sunday so Every time ID see my exes ID write a verse on it I probably never release it But ID release all my burdens on it When IO get lonely IO just press play And then max the volume, uh huh yeah Take me high ID been low, yeah yeah Give me life It's so hard to cope, yeah When I'm lonely When I'm hurting, yeah Through the fire Through the furnace, yeah yeah Take me high ID hate this feeling When my soul is my low ID look to the hills, yeah When I'm lonely When I'm hurting, yeah I□ call on you

One thing for certain Yeah yeah

Oh yeah
Through the ups and downs
You gone hold me down, yeah
When I'm lonely
When I'm hurting yeah
ID call on you, still

Cold winter, I get so numb to the changes
Solo mission, I get so numb to the loneliness, yeah
Prolific, I'm numb to the sound of they praises
Low centered, don't get lost in the Pandemonium, yeah yeah
No, don't get lost in the Pandemonium
Yeah yeah, whoa
Don't get lost in the pandemonium