

hold yourself.

tUnE-yArDs

Parents are children
Parents are children
Parents were children all of the time
Parents they made us
They tried to raise us
But parents betrayed us even when they tried

They held us close and dear
And told us lies that they've been telling themselves for years
They suffocate me so I

Hold myself now
I have to hold myself now
No choice of when and I don't know how
But I will hold myself now

Child I won't have you
I cannot have you
Child I won't have you and I'm telling you why
I cannot mend this
I have to hand this
I can't pretend without a break in sight

Oh, I hold you close and dear
And tell you lies that I've been telling myself for years
I'll suffocate you so you

Hold yourself now
You have to hold yourself now
No choice of when and who knows how
But you will hold yourself now

We all have doubts (we all have doubts)
We all have rage (we all have rage)
We all have trouble being brave enough to turn the page (we all have trouble
being brave enough)
But we will

Hold ourselves now
Yes, we will hold ourselves now
No choice of when and who knows how
But we will hold ourselves now
Hold ourselves now
Yes, we will hold ourselves now
No choice of when and we are learning how
But we will hold ourselves now

We all have doubts (we all have doubts)
We all have rage (we all have rage)
We all have trouble being brave enough to turn the page (we all have trouble
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We all have rage (we all have rage)

We all have trouble being brave enough to turn the page (we all have trouble
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