

So this time  
I am the one to blame  
The last time  
I Almost drown  
It did not feel the same  
And Now I am  
Withholding all the pain  
and I Still remember how  
i hurt myself  
when i shut this all away  
this time no one can hear me  
as im screaming on the floor  
i feel so far away from healing  
so im stepping back inside  
stepping back inside of me  
this time the voice is screaming  
it screams in me silently  
and now i am wanting this to change  
cause this time love come too far  
and i cannot run away  
and i know the ends not far away  
cause i still remember how i hurt myself  
when i shut this all away  
this time no one can hear me  
as im screaming on the floor  
i feel so far away from healing  
so im stepping back inside  
stepping back inside of me  
this time the voice is screaming  
it screams in me  
SILENTLY