

Time To Reflect

True North

I can tell you're afraid and you want me to stay
To help you keep a thousand different thoughts away
I can tell you're alone and you think you're so far
But I promise you it's only cause you think you are

I tried to run, I tried to hide
They always find their way inside
The walls that bind you can bend and break
By the end of the night I'll have made my escape

To look at myself and say

If I found my way back, would you do the same?
I haven't been myself since you threw this away
You were reckless and careless, I need you to see yourself

And when I awaken
From uneasy dreams
In a pitch black room
Filled with unspoken screams

And with silence
Comes thousands of voices
Questioning everything
Holding me down

I can't move a muscle
I can't be still
I'm catching my breath
But my lungs are filled

If I found my way back, would you do the same?
I haven't been myself since you threw this away
You were searching for something you just couldn't find
A truth that you've hidden from reaching the light
Would you do the same?
If I don't fear the dark then why am I wide awake?
An unending cycle you can't quite escape
Til' I have the strength to say

Help me, help me someone save me
I can't cope with all the lies life gave me
Help me, help me someone save me
I can't cope with all the lies