

It lingers in the back of my mind
Ticking away like a time bomb that I can't quite find
So I'm playing a game of numbers
And I'm slowly finding out
That I can't run out the clock
Before the truth comes out

And I can barely catch my breath
A haunting sight, I've buried inside
Is still digging its way to the back of my mind
So I squeeze shut my eyes
Just another memory that deserves to die

It burns you with the slightest touch
A flame that once died down
Is finally setting fire to the trust
If my words could be so gentle
And you could be that sentimental
Then maybe you could understand

That I can barely catch my breath
A haunting sight, I've buried inside
Is still digging its way to the back of my mind
So I squeeze shut my eyes
Just another memory that deserves to die

Cause I tried to escape
But its just no use
I pull on the chains
But I can't break loose
I can scream and shout
Can't erase that night
From the inside out
Its eating me alive

Suddenly and silently
Your words have struck me so soothingly
Cause all I've done since that day
Is give you hell and push you away

Suddenly and Silently
Your words have struck me so soothingly
I can't let go at least until
My lungs are filled and nervous legs are still

Cause I tried to escape
But its just no use
I pull on the chains
But I can't break loose
I can scream and shout
Can't erase that night
From the inside out
Its eating me alive