Stop, don't think, relax, take it easy
You're all wound up so tight, gonna make yourself crazy
You can think too much, think too hard, think too long
Yeah

The more I learn the less I know
My heart says stop but my mind says go
You can think too much, think too hard, think too long
Yeah, yeah

Ya gotta stop thinkin', stop thinkin', stop thinkin', stop thinkin' kin' Yeah

It starts out slow then it picks up speed One little thing, then more than you need Then it comes so fast, comes so hard, stays so long Yeah, yeah

Just stop thinkin', stop thinkin', stop thinkin'

Yeah

Ya gotta stop thinkin', stop thinkin', stop thinkin', stop thin kin'
Yeah, yeah

Well my mom and pop they told me, son you gotta be cool If you're thinkin' all the time, you will never be a fool Well I'm not disrespectful, but my mom and pop were wrong

Stop, don't think, relax, take it easy
You're all wound up so tight, gonna make yourself crazy
You can think too much, think too hard, think too long
Yeah, yeah

Ya gotta stop thinkin', stop thinkin', stop thinkin', stop thin kin'
Yeah