Can you remember
How you use to jab your fingers into my chest
And tell me how stupid you thought I was
And how I'd grow up to be worthlessI was only 9 and I can recall every single timeYou raised your hand to me
No matter how hard I try to forget
I can't erase it from my memory

To this day you seem to think that You never did anything wrong And even though I've tried to look past your Ignorance The hate was too strong And you were to blind to see how much anger Was growing inside of me And everything revolved around you Do what you say Do what you want Do as you do As the years passed I never knew what was to come Cause you were never there But the day will come When we'll cross paths This time I'll be there to let you know that All I ever wanted was was for you to believe in me And everyday I prayed for, lived the day for Was a chance to throw it back in your face-

And before you die, open your eyes
And see, all the different ways that you neglected me
You may have gave me life but you never gave me hope
I don't ever want to take after my own Father

God help me raise up outta this mess Stress and grey days and a gang full of tests God help me, god help me

You put the fear in me and said if I wasn't to be everything you expected then a son I'm not in your eye's and would be instantly rejected—Your gifts of love were just fifths of pain While I tried to maintain and refrain You just laughed at me, you looked down on me, you threw down on me, You made me feel worthless now you're dead to me, how does it feel to be, What runs through you created me, one day I'll break free—All I ever wanted was for you to believe in me And everyday I prayed for, lived the day for Was a chance to throw it back in your face

Why do I have to feel like I'm constantly worthless Every day I'm reminded of you, Father