

# Training Day

## Triathlon

When I wake up in the morning  
What do I do?  
What do I  
What do I do?  
What do I  
What do I do, do?

And I don't think I can focus  
What about you?  
What about  
What about you you?  
What about  
Waht about you, you?  
And I don't think that I can smoke it  
I'm too faded  
I'm complacent  
I'm just saving all my energy for you

You got me saying  
(Whoo-whoo)  
Find me in my groove  
You got me saying  
(Whoo-whoo)  
Tell me what to do

I wana feel the action  
She wonder what I'm ask'n  
I wana make it happen

She want no one to see  
She want no one but me  
She be my fantasy

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What about  
What about you?  
What about  
What about you?

Let me break it down  
Let me show you  
Everything I'm feeling when I'm leaving back to whole foods  
Got me craving something that you know I'm not supposed to  
And I know you  
Like your back rubbed  
Like your ass touched  
Like the fast stuff  
But when you act up  
Ima back up  
I know you wrapped up

I know you wrapped up  
At your job when you work late  
Never meant to break you down in the first place  
Girl, you my universe, you my earth day  
Can I please apologize for no first date?  
You my black swan  
You my town lake  
You my ice cream to my sorbet  
You my wet dream to my foreplay  
You my hot steam in the morning

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