

Sometimes

Triathlon

I'm too high
My mood dies
Can I feel this type of way?
I'm too tired to move on
Watch my feelings as they fade
And I don't want to go back to this place where I just left it
Got me too down to have fun now but I'm just saying

And that's just how it goes
Sometimes
And everybody knows
You tried
To do what you must do
In time
Just letting yourself know
You're fine

I feel it on the inside
Doing most things that I don't like
Working too much that I'm crossed eyed
Got my feelings all wrong on a bad night
And I don't want to go back to this place where I just left it
Got me too down to have fun now but I'm just saying

And that's just how it goes
Sometimes
And everybody knows
You tried
To do what you must do
In time
Just letting yourself know
You're fine