

## Sometimes

Triathlon

I'm too high  
My mood dies  
Can I feel this type of way?  
I'm too tired to move on  
Watch my feelings as they fade  
And I don't want to go back to this place where I just left it  
Got me too down to have fun now but I'm just saying

And that's just how it goes  
Sometimes  
And everybody knows  
You tried  
To do what you must do  
In time  
Just letting yourself know  
You're fine

I feel it on the inside  
Doing most things that I don't like  
Working too much that I'm crossed eyed  
Got my feelings all wrong on a bad night  
And I don't want to go back to this place where I just left it  
Got me too down to have fun now but I'm just saying

And that's just how it goes  
Sometimes  
And everybody knows  
You tried  
To do what you must do  
In time  
Just letting yourself know  
You're fine