

# Uncle Jo

Trevor Hall

I called Uncle Jo  
He told me about bear and the buffalo  
He told me that the roots need water so  
We put it in the stars then we let go  
I guess mama hear that prayer and so  
A few months later see we hit the road  
Yea we hit the road  
On a chariot of flames I was chanting the Name  
The hummingbird came and so it flows  
Well I was in need of the medicine  
The company of my brethren  
The Elk grew antlers once again  
Hoka Hey  
That's what we would say  
When the morning came  
All through the day Sita Ram I praise  
This is straight ohana  
Oh Grandfather guide the way

Let the bees come and teach us song  
Sip it from the third eye all day long  
Melodies come fill out cup  
Take a new birth and open up  
Into the world we come to play  
And so we say

Hello Friend  
Hello Friend

(Nahko), I cry kindred soul  
Pull back your bow and let your arrow go  
Light up the totems written on the wall  
Wild cub standing very tall  
Uncle Uncle keep the boys all together  
Lost and found on the road to recover  
Each other  
A lover  
On a wild mustang I was spitting out flames  
The animal kingdom came  
We sand  
Well I was in need of the brotherhood  
A council of men who understood  
The bear climbed from his cave and looked  
Time to play  
And that's how we would pray  
When the evening came  
All through the day  
Creator I sang  
This is Hare Rama  
Pachamama  
Show the way

Let the hummingbird come teach us song  
Drinking of the nectar palm to palm  
Allies come to fill our well  
Meaningful music keeps me filled  
Into the world we come to play

And so we say  
Hello Friend  
Hello Friend  
Hello Friend