You ask who's lying in my bed
Is it really love we're making
My heart's hanging by a thread
She's the only reason it ain't breaking
Do you ever cross my mind
Darling fact is you still do
That's the reason she is here
Wiping your old memory clear
She's helping me get over you

Helping me get over you

One kiss at a time
'Cause all the pain that we've been through

Still weighs so heavy on my mind

Getting past the love we lost

That's a lonely bridge to cross

So I did what I had to do

I had to find somebody new

Who's helping me get over you

I know you'd never ask his name
But in your heart I know you wonder
I'm not much good at playing games
I'm just trying to keep from going under
There's no forever in his eyes
It's not the love that we once knew
Oh and it might be a sin
But tonight I've got a friend
Helping me get over you

Helping me get over you

One kiss at a time
'Cause all the pain that we've been through

Still weighs so heavy on my mind

Getting past the love we lost

That's a lonely bridge to cross

So I did what I had to do

I had to find somebody new

Who's helping me get over you

Oh I did the best that I could do I had to find somebody new To help me get over you