

# Tring Quarry

Trash Boat

Total cessation, erased from foundations  
Burn everything I know in hopes that something better grows  
Prescriptions repeat, accepted defeat  
Another crutch to add to my story

Find strength of mind, withered demons pushed aside  
A new chapter overnight cause when the fuck else?  
My only trick, finding hope in convictions  
So one day when this ends I can say I'd relive it all

The easy way out never led me anywhere  
And I, I always end up way too deep inside my head

The stagnant water that fills Tring Quarry  
Was the lowest that I've ever seen it today  
Stuck with the feeling that life only plays  
Its significant songs when I'm feeling grey

Frustrated  
An understatement

Forgetting memories, parts of me  
Thoughts of how it used to be  
Bleeding contentment we come undone  
One by one  
I was secure, so sure of myself  
But I've been down this road before  
Its quit, relapse forevermore  
Can I say I'd relive it all?

The easy way out never led me anywhere  
But I, I always end up way too deep inside my head  
(All sewn up but not finished yet)

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The stagnant water that fills Tring Quarry  
Was the lowest that I've ever seen it today  
I'm stuck with the feeling that life only plays  
Its significant songs when I'm feeling grey

I swear I don't go around looking for the negative  
Back trace my steps, come home to my friends and a sedative

Frustrated  
An understatement