Tear through my skin, tell me what I'm like on the inside Cos I rarely let anyone else in Break through my skull, tell me what I'm thinking Cos I know that's what you're thinking

Take it day by day
Tell me if this mask I made hides my face
(It's bullshit anyway)
Cos every chance I get to make some kind of room to grow
A coward fills the space and I keep you at a distance
Keep you at a distance

(Take me away I'm not getting far enough)
All these lies I told to save face
As if honesty was poison and I had no other way
I was just a kid I let that coward in
He found his home in emptiness

Take it day by day
Tell me if this mask I made hides my face
(It's bullshit anyway)
Cos every chance I get to make some kind of room to grow
A coward fills the space and I keep you at a distance

Take it day by day
Tell me if I change
Tell me if I'm growing

All these sleepless nights where I would sit and stay awake I tell myself I'm different I hope someday I listen