I'm right back at the start again
Barefoot to this lonely path of broken glass
I never thought It'd come to this
I close my eyes and act as if
I don't need anything from you
Or anyone to help me through this

I've never felt fear like this in my life
Wake up to find my parents by my side
They shake in anger, breaking down
And I'd never seen my father cry
His armour stripped for the first time
I'd never wish a scene like that on an enemy that I despised

We broke down together
Built up for the better
Pushing through for better weather
Will anything release this pressure
And I won't forget how you were there
From the first to the last

And I know the pain will subside when I learn to put things in perspective

Every fucking day I get this voice in my head

Convince me that I'm scared of my own two feet

And the ground they tread

We broke down together, built up for the better Pushing through for better weather Will anything release this pressure And I won't forget how you were there From the first to the last

I never thought that things would come to this
I close my eyes and act as if
I don't need anything from you or anyone to help me through
To help me through this