

## Reminders

Touché Amoré

When it's all too much to take  
I'm at capacity  
A failed system sings on the background TV  
To my shotgun mouth and apathy

I need reminders of the love I have  
I need reminders good or bad  
I tilt my chin up in photographs  
A subtle way to reinvent the past

With a head so beat and drained  
I'm running on empty  
As the world collapses with complacency  
To knee-jerk takes and fantasy

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I talk myself out of myself  
When I'm overwhelmed  
Is there a way to feel free  
Without being someone else?

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