

I don't know who needs to hear this (I don't know who needs to hear this)
Sometimes it's good to sing your feelings (Sometimes it's good to sing your feelings)
And every time I open my mouth (And every time I open my mouth)
Hope something halfway helpful falls out (Hope something halfway helpful falls out)

And on the phone I said it clear (And on the phone I said it clear)
How could I ask you, dear (How could I ask you, dear)
To hold the feelings I don't want to (To hold the feelings I don't want to)
When I distract and barely try to (When I distract and barely try to)

But here is one thing I am learning (But here is one thing I am learning)
Everyone's heart burns for something (Everyone's heart burns for something)
And really what I wanted to be (And really what I wanted to be)
Is everything you weren't for me (Is all the things you weren't for me)

This song is simple but it ain't easy (This song is simple but it ain't easy)
To sing it like it is, believe me (To sing it like it is, believe me)
These days we learn to hold ourselves (These days we learn to hold ourselves)
Light your candle, cast your spell (Light your candle, cast your spell)

Sing it like it is a prayer (Sing it like it is a prayer)
Sing it like no one else is there (Sing it like no one else is there)
Sing it like no one can hear you (Sing it like no one can hear you)
Sing whatever makes it feel new (Sing whatever makes it feel new)

I don't know who needs to hear this (I don't know who needs to hear this)
Sometimes it's good to sing your feelings (Sometimes it's good to sing your feelings)
Especially when you don't know (Especially when you don't know)
The next line or how it goes (The next line or how it goes)

I don't know who needs to hear this (I don't know who needs to hear this)

Sometimes it's good to sing your feelings (Sometimes it's good to sing your feelings)

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