

Basic principles of hand-to-hand combat:

1. Be aggressive
2. Keep your eyes on the opponent
3. Distract the opponent
4. Disable or be Disabled

I see what you do I keep on my way through
I'll see what you'll be; what you'll do

5. Vary the attack to fit the situation
 6. Turn the defense into an unrelenting attack
 7. Feel superior to the opponent,
- Regardless of the latter's size or the evidence of strength

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You know you will have little time to stop and think,
When engaging in hand-to-hand combat.
Therefore, your actions must be automatic.
Remember, attack aggressively, with one purpose in mind: To Kill
1.