

# Head Underwater

Tom Walker

Woke up coming out for air  
Cold sweat on my skin I was unprepared  
Deep down getting lost again  
But it's me and myself that I'm up against

Dark days that I've overcome  
Why does this time feel like it's only just begun  
Downtown in the undertow  
Chasing highs when I'm feeling low

(Mm) Gotta let go  
But I don't know how to let go  
(Mm) How am I supposed to do this?

With my head underwater  
I can't take it much longer  
Head underwater  
I'm at war with the monster  
I'm struggling to catch my breath  
Get it off my chest  
But if it don't kill me then  
I'll get stronger  
With my head underwater (head underwater, underwater)  
With my head underwater (head underwater, underwater)

Night comes and it's hard to sleep  
Like my mind is a million miles apart from me  
Can't count on the chemicals  
They don't work when I made them the antidote

Wild thoughts that I tried to tame  
Keep me numb how they run like the blood inside my veins  
Uptown I can see the light  
But it's dark on the other side

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Holding onto hope I can make it out  
Praying that my lungs don't fail me now  
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